

## HEALTH HISTORY

Name \_\_\_\_\_ How did you find me? \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Cell (or best #) \_\_\_\_\_ Email address: \_\_\_\_\_ Birth Date: \_\_\_\_\_

### Please complete the following:

What are you seeking treatment for today? \_\_\_\_\_

Do you have any of the following today? Inflammation \_\_\_\_\_ Severe Pain \_\_\_\_\_ Headache \_\_\_\_\_ Sunburn \_\_\_\_\_

Open cuts, bruises, burns \_\_\_\_\_ Cold or Flu \_\_\_\_\_ Irritated skin rash \_\_\_\_\_

Are you Pregnant? \_\_\_\_\_ Trimester: \_\_\_\_\_ Due Date: \_\_\_\_\_ Is pregnancy "high risk"? \_\_\_\_\_

Surgeries? \_\_\_\_\_ Recent injuries? \_\_\_\_\_

### Check any of the following conditions you currently have or have experienced in the past:

In the last 72 hours: Fever \_\_\_\_\_ Chills \_\_\_\_\_ Body Aches \_\_\_\_\_ Heart problems \_\_\_\_\_ Diagnosis: \_\_\_\_\_

Flu \_\_\_\_\_ Skin conditions/allergies \_\_\_\_\_ Diagnosis: \_\_\_\_\_

Tested positive for: Epstein-barre \_\_\_\_\_ is it active? \_\_\_\_\_ Spinal problems \_\_\_\_\_ Diagnosis: \_\_\_\_\_

Tuberculosis \_\_\_\_\_ is it active? \_\_\_\_\_ Cancer \_\_\_\_\_ Diagnosis: \_\_\_\_\_

Osteoporosis \_\_\_\_\_ Diabetes \_\_\_\_\_ Arthritis \_\_\_\_\_ Surgery to correct eye-tracking problems \_\_\_\_\_

Hepatitis \_\_\_\_\_ Cerebral Aneurysm \_\_\_\_\_

HIV or AIDS \_\_\_\_\_ Skull fracture \_\_\_\_\_ Date \_\_\_\_\_

High Blood Pressure \_\_\_\_\_ Medication controlled \_\_\_\_\_ Hydrocephalus \_\_\_\_\_ with shunt \_\_\_\_\_ without shunt \_\_\_\_\_

Varicose veins \_\_\_\_\_ (these are not spider veins) Herniated brainstem \_\_\_\_\_

Blood clots \_\_\_\_\_ Cerebrospinal fluid leaks \_\_\_\_\_

Other Chronic Condition: \_\_\_\_\_ Diagnosis: \_\_\_\_\_

**Additional information about your circumstances you'd like me to know:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### **Professional Services and Business Policies**

Somatic or manual therapy refers to any number of techniques that involve improving your health by the specific application of the therapist's hands. Modalities for which I have received advanced training include CranioSacral Therapy, Reiki, Massage Therapy, and others. All of the modalities are designed to help you be as healthy as possible using the least invasive means possible.

### **Professional Fees**

My hourly fee is \$85. Payment is required at the time of the appointment, unless we agree otherwise. If your insurance covers manual therapy, I will be able to provide you with documentation of your appointment that you can submit to your insurance company for reimbursement. I do not file on insurance on your behalf, and I do not accept payment from your insurance. Should you need my services for other purposes including report writing or session records, it is my practice to charge the above fee on a prorated basis in 15 minute increments.

### **Confidentiality**

In general, the confidentiality of all communications between a client and therapist is protected by law, and I can only release information about our work to others with your written permission. However there are some exceptions such as court order or for the sake of protection of self or others.

### **24-HOUR CANCELLATION POLICY**

**Payment is expected for appointments missed or cancelled within less than 24 hours advance notice except in cases of sudden illness or we both agree circumstances were beyond your control. Appointments of prepaid packages will be subtracted from the total.**

### **TREATMENT ACKNOWLEDGEMENT**

I understand the following:

- Various modalities may be applied including, but not limited to: CranioSacral Therapy, Swedish Massage, Deep Tissue Massage, Myofascial Release, Trigger Point Therapy, Polarity and Reiki.
- A Massage Therapist neither makes diagnosis nor treats illness or disease, or performs any spinal/skeletal manipulations and does not prescribe medications.
- I will be covered with sheets as appropriate for the treatment and only the areas that are treated will be uncovered during the treatment (This applies to Massage Therapy only as CranioSacral Therapy and Reiki don't require disrobing).
- If at any time during the session I feel uncomfortable, I may request the therapist to stop the treatment immediately.
- I do not engage in breast massage of female clients.
- All prepaid services are non-refundable.

An individual who wishes to file a complaint against a massage therapist, a massage therapy school, a massage therapy instructor, or a massage therapy establishment may write to: Complaints Management and Investigative Section P.O. Box 141369 Austin, Texas 78714-1369 or call 1-800-942-5540 to request the appropriate form or obtain more information. *This number is for complaints only.*

By signing below, you agree that you have read and understand the information stated in this document.

Printed Name \_\_\_\_\_

Client Signature \_\_\_\_\_ Date: \_\_\_\_\_

Therapist Signature \_\_\_\_\_ Date: \_\_\_\_\_